



## Nipissing Mental Health Housing & Support Services

Be in a good place.

**Administration Office Hours :**  
Monday to Friday  
9 a.m – 4 p.m

**Support Program Hours :**  
Monday to Friday  
8 a.m. – 6 p.m.

**Mattawa Office :**  
Monday to Friday  
9 a.m. – 5 p.m.

### OUR MISSION

*To promote wellness and empower individuals to achieve their full potential by providing collaborative supports, advocacy, and sustainable housing through a respectful and culturally sensitive approach.*

**Applications for Services can be obtained at our  
Main Office or online :**

**Nipissing Mental Health Housing & Support Services**  
222 Main Street East  
North Bay, Ontario, P1B 1B1

**Telephone: (705) 476-4088**  
**Fax : (705) 495-3585**

[www.nmhhss.ca](http://www.nmhhss.ca)

**Supported by:**



### SUPPORT PROGRAMS

#### **Intensive Case Management**

This support program offers services to individuals 16 years of age or older, who are seriously mentally ill as defined by the Ministry of Health (duration, diagnosis, disability), who live in the Nipissing District, and who require assistance in one or more of the following areas in order to live successfully in the community :

- daily living skills
- symptom management
- medication assistance
- emotional coping skills
- problem solving
- referral and advocacy

Clients are followed by a Case Managers on a weekly basis (in addition to medication deliveries as required) and will increase or decrease their contact/vists depending on the individual's changing needs. This program has a supportive housing component in addition to community support services.

#### **Community Treatment Order**

A Community Treatment Order (CTO) is a legal tool or mechanism for people with a severe and persistent mental illness to receive treatment, care, and supervision in the community. A CTO provides a client with a comprehensive care plan involving community based treatment and support that is less restrictive than being confined to a psychiatric facility.

Working under this program are both a CTO Coordinator and a CTO Case Manager. The CTO Coordinator works under the direction of the North Bay Regional Health Centre while the CTO Case Manager is employed by Nipissing Mental Health Housing and Support Services. providing a collaborative link between hospital and community. The team is responsible for the implementation and ongoing management of Community Treatment Orders and services the Nipissing, Temiskaming, and Northeast Parry Sound District.

#### **Brief Intervention Case Management**

This support program provides short term assistance to address the immediate needs of individuals up to a 6 month period. The Case Manager works to facilitate advocay and referrals to ensure that appropriate and long- term supports are obtained. Referrals are accepted from community agencies, Physicians, Hospital, family, and self. This program provides services to the Nipissing District.

### HOUSING PROGRAMS

#### **Supportive and Non- Supportive Housing**

Nipissing Mental Health Housing & Support Services promotes the pursuit of healthy independent living by offering a unique and affordable housing program. Our housing units consist of the following:

- Six individual buildings located across the city of North Bay
- Apartment and townhouses; 103 units (1 to 3 bedrooms)
- Safe, monitored, and clean
- Energy efficient stoves and refrigerators
- In house maintenance staff

For more information please contact the Housing Coordinator at 705-476-4088 ext 202

### SPECIALIZED HOUSING PROGRAM

#### **Percy Place- Complex Care Home**

This home is designed to accommodate adults who have a serious and persistent mental illness in addition to other medical and/or behavioural complexities. Occupants will benefit from a structured, safe, and supportive environment and receive 24 hour care from both Registered Practical Nurses and Personal Support Workers. Case Management and Peer Support services are also connected to this home. A client directed approach to care allows clients to maintain housing stability and tenure while participating as partners in their care to the level they are capable of.

#### **Lakeshore Home- Complex Care Home**

This home provides care for individuals living with complex medical and Psychiatric conditions who may also have Acquired Brain Injury, mental health or addiction issues, resulting in risk of homelessness and frequent involvement with Police, Withdrawal Management and Emergency Services. Residents benefit from an open and safe environment that fosters a culture of transparency, growth and inclusiveness. Services provided include on-site Nursing, Personal Support Workers, and other supports to wrap services around the individuals and keep them safe in the community. A client directed approach allows clients to maintain housing stability and tenure while participating as partners in their care to the level they are capable of.

#### **Transformational Housing**

The Transformational Housing Program is a barrier free home located within the community of North Bay that can accommodate eight adults who are living with a serious mental illness, or an acquired brain injury, and who remain relatively independent in their day to day lives. Occupants are provided with a structured, safe and supportive environment so that they can live and maintain their independence. The home is staffed by Peer Support Workers 8 hours a day, 7 days a week, who assist occupants in meeting their needs, as directed in their Service plan. This includes participating in life skills development, as well as broadening knowledge of community resources.

